



Senior REFLECTIONS

AUGLAIZE COUNTY COUNCIL ON AGING QUARTERLY NEWSLETTER

Greetings everyone!

We are now in the beautiful fall season, but I don't know how we got here so fast. Where does the time go?



We recently celebrated our 50th Anniversary of Continued Existence on September 22nd. We had a good turn out, good food and a good time. We are continuing to strive to meet the needs of the county seniors, and hope to be here for another 50 years and beyond. Thank you everyone for your continuing support.

With the cooler weather approaching, it will not be long before we will see that nasty four letter word—**SNOW!!!** On that note I will remind you that there may be days when the center needs to close because of inclement weather. If you have doubts as to whether we will be open, watch WLIO-TV (Lima 35) or listen to WCSM (96.7) or check Facebook. When the roads are slippery, we do not want any one falling and perhaps breaking a hip. We also want to protect the safety of our drivers.

The current high gas prices has caused us concern due to our limited budget. Temporarily, we have suspended transportation on Tuesdays, except for dialysis, cancer treatments and medical emergencies. Eventually, we hope to offer transportation five days a week again, once gas prices go down, and our funds aren't so limited. The center is open on Tuesdays for anyone that needs assistance, or has questions. The office staff will be here to assist you.

The holiday season is fast approaching. I hope each and every one of you has a Happy Thanksgiving and a Joyous and Beautiful Christmas. Remember the "Reason for the Season"! I know there are many that do not have family close by, or no family at all, so please come in and spend some time with us. Come in and socialize and make new friends.



Robert Warren
Executive Director

OCTOBER/NOVEMBER/DECEMBER 2026

CHECK OUT
WHAT'S INSIDE!

02 Mind Games

04-05 Calendar of Events

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12 Wellness Wednesdays

15 Special Thanks

Name: _____ Date: _____



AUTUMN

WORD SCRAMBLE

Unscramble the following autumn words



TEER	
LAFE	
WNID	
ARNOC	
LAEVSE	
BESKAT	
ALPEPS	
PIUMKPN	
MSHUOORM	
UBREBALL	
HRAVETS	
PLEI FO LAEVES	

Christmas Word Search



CANDY CANE
CAROLS
CHRISTMAS
DECEMBER
ELVES
GINGERBREAD
JINGLE

HOLLY
LIGHTS
MERRY
NORTH POLE
ORNAMENTS
PRESENTS
REINDEER

SANTA
SLEIGH
STOCKING
TREE
WINTER
WREATH



Change has been sweeping the globe, and it has had a profound impact on our lives. Maybe it's time to see where change has taken us. After all, change is good—if it's in the right direction. Do you remember the good ole days when:



- ♦ It was cool to love your country.
- ♦ A cell phone wasn't considered part of a table setting.
- ♦ A news anchor was the most trusted man in America.
- ♦ Parents reprimanded their kids without getting reprimanded.
- ♦ Celebrities were made famous for the roles they took on, not the clothes they took off.
- ♦ Spam was food.
- ♦ Kids used to whine. Now grown-ups do.
- ♦ Hard work was a celebrated virtue.
- ♦ Teachers spent more time answering students rather than parent questions.
- ♦ Preparing dinner didn't require a phone.
- ♦ Disrespecting your elders had consequences.
- ♦ Sunday morning was reserved for church.
- ♦ Rewards went to the most deserving.
- ♦ We wrote love letters rather than *texting* them.
- ♦ Traditions were honored.
- ♦ Sears was a household name.
- ♦ Holidays were celebrated, not attacked.
- ♦ Bad news traveled slower.
- ♦ Veterans Day was more than a sale day.
- ♦ People were too proud to accept handouts.
- ♦ Snowflakes fell out of the sky.
- ♦ Children entertained themselves.
- ♦ Raising kids was a full-time job.
- ♦ People were not offended when you said, "Merry Christmas."
- ♦ You earned your trophy.
- ♦ Face-to-face conversations weren't made via phone.
- ♦ Doctors made house calls.
- ♦ Personal notes were handwritten, not typed.
- ♦ *Little House on the Prairie* and *The Cat in the Hat* were considered children's classics.
- ♦ Christmas was less about presents and more about *being present*.
- ♦ Holding the door for someone was a welcomed gesture.
- ♦ Nobody had all the answers. (Now everyone does.)
- ♦ Kids recited the Pledge of Allegiance and Lord's Prayer in school.
- ♦ You didn't count your friends; you counted *on* them.
- ♦ A penny bought something.



NATIONAL DEFENSE COLLEGE

As you can see, some changes were for the better, but many were not!

OCTOBER 2026 CALENDAR OF EVENTS

Monday (SM)	Tuesday	Wednesday (SM)	Thursday (Wapak)	Friday (Wapak)
			1. Nursery Rhymes/ Memory Bingo 10:30 Lunch 11:00	2. Wellness Friday Bingo 10:30 Birthday Bash Lunch 11:00
5. Nursery Rhymes/ Memory Bingo 10:30 Lunch 11:00 Euchre 12:00	6. Meal site Closed	7. Funny Stories Bingo 10:30 Lunch 11:00 Euchre 12:00	8. Hoyle Cards Bingo 10:30 Lunch 11:00	9. My Health Matters Wake Up & Smell Coffee Bingo 10:30 Lunch 11:00
12. Senior Sam Would you Rather? Everheart Bingo 10:30 Lunch 11:00 Euchre 12:00	13. Meal site Closed	14. Wellness Wednesday 10:00 Bingo 10:30 Birthday bash with entertainment Euchre 12:00	15. Many Modes Movement Bingo 10:30 Lunch 11:00	16. All activities at Victory Center
19. Jill-Ohio Utilities Bingo 10:30 Lunch 11:00 Euchre 12:00	20. Meal site Closed	21. Donut Day Chair Hockey Bingo 10:30 Lunch 11:00 Euchre 12:00	22. Jill—Ohio Utilities Bingo 10:30 Lunch 11:00	23. Donut Day “Senior Sam” Just Saying Bingo 10:30 Lunch 11:00
26. Country Dance Entertainment Bingo 10:30 Lunch 11:00 Euchre 12:00	27. Meal site Closed	28. Wild West Country Singer Match Up Bingo 10:30 Lunch 11:00 Euchre 12:00	29. Chair Hockey Wild West Women Pioneers Bingo 10:30 Lunch 11:00	30. Cowboy Trivia Bingo 10:30 Lunch 11:00

NOVEMBER 2026 CALENDAR OF EVENTS

Monday (SM)	Tuesday	Wednesday (SM)	Thursday (Wapak)	Friday (Wapak)
2. Fly Swatter Volleyball Bingo 10:30 Lunch 11:00 Euchre 12:00	3. Meal site Closed	4. Facial Exercises Trivia Book Bingo 10:30 Lunch 11:00 Euchre 12:00	5. Laughter Van Gogh Bingo 10:30 Lunch 11:00	6. Wellness Friday Bingo 10:30 Birthday Bash Lunch 11:00
9. Being Thankful Bingo Lunch 11:00 Euchre 12:00	10. Meal site Closed	11. VETERANS DAY Closed	12. Chair Hockey Bingo 10:30 Lunch 11:00	13. Being Thankful Craft Bingo 10:30 Lunch 11:00
16. Laughter Van Gogh Bingo 10:30 Lunch 11:00 Euchre 12:00	17. Meal site Closed	18. Donut Day Wellness Wednesday Bingo 10:30 Lunch 11:00 Euchre 12:00	19. Chair Exercises Just Sayin Bingo 10:30 Lunch 11:00	20. All Activities at Victory Center
23. Thanksgiving Dinner Entertainment Lunch 11:00 Euchre 12:00	24. Meal site Closed	25. Chair Exercise Just Sayin Bingo 10:30 Lunch 11:00 Euchre 12:00	26. THANKSGIVING DAY Closed	27. CLOSED for Thanksgiving vacation
30. Craft-Door Wreaths Bingo 10:30 Lunch 11:00 Euchre 12:00				

DECEMBER 2026 CALENDAR OF EVENTS

5

Monday (SM)	Tuesday	Wednesday (SM)	Thursday (Wapak)	Friday (Wapak)
	1. Meal site Closed	2. Wish List Finish Wreaths Bingo 10:30 Lunch 11:00 Euchre 12:00	3. Craft—Door Wreaths Bingo 10:30 Lunch 11:00	4. Wellness Friday Xmas Sing Along Birthday Bash Bingo 10:30 Lunch 11:00
7. Chair Hockey Bingo 10:30 Lunch 11:00 Euchre 12:00	8. Meal site Closed	9. Wellness Wednesday 10:15 Xmas Sing Along Bingo 10:30 Birthday Bash 11:00 Euchre 12:00	10. Craft-Cards Wreath Christmas Trivia Bingo 10:30 Lunch 11:00	11. Christmas Bingo Toss Wish List Bingo 10:30 Lunch 11:00
14. Craft—Cards Wreath Just Sayin Bingo 10:30 Lunch 11:00 Euchre 12:00	15. Meal site Closed	16. Donut Day Christmas Trivia Exercises Bingo 10:30 Lunch 11:00 Euchre 12:00	17. Chair Soccer SANTA 10:00 Bingo 10:30 Lunch 11:00	18. All Activities at Victory Center
21. Christmas Meal SANTA 10:00 Bingo 10:30 Euchre 12:00	22. Meal site Closed	23. Christmas Bingo Toss Night Before Christmas Bingo 10:30 Lunch 11:15 Euchre 12:00	24. CLOSED For Christmas Vacation	25. CHRISTMAS DAY Closed
28. Blue Christmas Bingo 10:30 Lunch 11:15 Euchre 12:00	29. Meal site Closed	30. 3 of Same Bingo 10:30 Lunch 11:15 Euchre 12:00	31. Blue Christmas Exercises Bingo 10:30 Lunch 11:00	All activities are subject to change! Pinocle at St. Marys on Fridays at 12:00 every month

A LETTER FROM ACTIVITIES

Hello everyone!

It is hard to believe that the holiday season is upon us. Time goes faster every year. It seems we can't keep up. We have exciting things planned for the next three months.

Some of the highlights:

Last week of October—Western Week—Dress like cow girls or boys.

Monday, October 26th—Country Dance DJ at St. Marys to celebrate Western Week.

Every Friday wear your favorite football tee shirt or jersey.

Every Wednesday will be "Wonderful Wednesdays".

Every Thursday will be "Thankful Thursdays".

Every Friday will be "Fa La La La Fridays".

Monday, November 23rd—Thanksgiving Dinner with entertainment—St. Marys

Monday, December 21st—Christmas Meal—St. Marys

There will be many other activities going on daily. Some people will be playing cards, while many are just socializing. Bingo is played daily. For many, the time spent here is the only chance they get to spend with other seniors. They all look forward to it. With the holidays coming, we don't want you to be alone. Come in and try us out. You may make new friends. If you need transportation, we can arrange that for you. Just call 419-394-8252 to get information.

WE HOPE TO SEE YOU SOON.





Joanie Marie Kienlen is new to the area after moving here from Middletown, Ohio. A friend offered her accommodations on the lake, and she is very happy to be away from the noise and fast paced life of the city.

Her dad was in the Air Force so she moved around a lot with her parents and two brothers. Joanie was born in Norman Oklahoma but grew up in Arlington, Texas. She attended several colleges and graduated with a Bachelor of Arts in the theatre; Master of Arts in Recreational Therapy; and a Minor in music. She was involved in over 180 performances and productions for theater and films for 30 years. Joanie was also a competitive ice skater and received 75 national titles. She worked for 25 years with senior citizens in their homes, nursing facilities, hospitals and with mental health patients, and conducted group therapies. **Overall**, she is an artist, musician, and does musical theatre. She sings and takes voice lessons and volunteers for her church. When asked what she is thankful for she stated that she is thankful for the Lord (who guides her life). He has saved her life more than once

and has been with her through many trials and tribulations.

Her advice for future generations is pray and seek the Lord for the will of your life.

Her favorite part of the ACCA is the kind, friendly people and all the information that is provided, and of course, bingo.

She added that she has only been here for two months, but she loves it here. She likes the stores, and thrifting, and a special Mexican restaurant. Joanie is looking forward to fall country festivals.

Her favorite things to do is sit by the lake and the channel behind the condo. She still has lots more exploring to do. Welcome to the community, Joanie, and Happy Exploring!

Greg Stueve works in our Chore Department. He was born in Coldwater, and attended the Minster school system. He has one older brother and one younger brother and sister. He has lived on the family farm all his life. The farm has been in the family since 1859, and is located between Minster and New Bremen. Greg was a dairy farmer working with his Dad for many years. Last year, Greg and his wife Jennifer built a new house and sold the original farm house to his nephew and his wife, so that it would stay in the family. He still farms the family farm and raises dairy replacement heifers for his neighbors (Lane Hill Farms). In addition to working for the ACCA, Greg is the State and District President of the National Farmers Organization and a Jackson Township Trustee.

He is thankful for the work ethic that his parents instilled in him and that he was able to work along side his father for many years. He is also thankful for his brothers and sister and that they all get along very well. Greg is a member of the St. Augustine Church in Minster and a K of C member. He enjoys NASCAR racing and target shooting.

When asked what wisdom he would share for future generations he replied, "Be respectful of other people and if confronted by someone who is angry, show them an ounce of kindness. You may be surprised what it will do."

His favorite part of working for the ACCA is the fact the people here enjoy what they do, and that makes for a positive work environment.

In his free time, he enjoys eating at Texas Road House and going to the surrounding town festivals and picnics. He also enjoys working at the county fair.

The ACCA feels fortunate in having Greg join our little family. He is a hard working, considerate and dependable man. The Chore Department would not be able to operate without him.



LIGHT OLD-FASHIONED FRUITCAKE

OLD PILLSBURY COOKBOOK

INGREDIENTS:

4 cups sifted flour
 1/2 tsp. baking powder
 1-1/2 tsp. salt
 1-1/2 tsp. cinnamon
 1 tsp. nutmeg
 7 cups whole pecans
 1-3/4 cup chopped candied pineapple
 1-3/4 cup whole candied cherries
 3-1/4 cup golden raisins
 1 cup butter
 2-1/4 cups sugar
 6 eggs
 3 Tbsp. brandy flavoring

1-1/2 pounds mixed chopped candied fruit may be substituted for candied pineapples and cherries.

LOVE IT OR HATE IT, NOTHING SAYS CHRISTMAS LIKE FRUIT CAKE!

CLASSIC OLD FASHIONED CHRISTMAS FRUITCAKE RECIPE

Sift together in a large mixing bowl: flour, baking powder, salt, cinnamon and nutmeg. Then add pecans, candied pineapple, candied cherries and raisins. Mix until all fruit and nuts are well coated with dry ingredients. Set aside.

Cream butter and sugar until light and fluffy.

Add 6 eggs, one at a time, beating well after each. Add brandy flavoring. Add this mixture to the fruit mixture. Mix well to combine.

Turn into a 10 inch tube pan, or two 9x5x3 inch pans, filling two-thirds full.

Bake in low oven (275 degrees): 10 inch tube pan—3 hours; two 9x5x3 inch pans—2 hours. One half hour before cake is done, brush top with honey or light corn syrup. If desired, decorate with fruit and nuts. Return to oven to finish baking.

Cool cake completely. Wrap tightly in foil and store in cool place for several weeks to allow flavors to blend and mellow.



The Misunderstood Fruitcake

Fruit cake started in ancient Rome as a dense, long-lasting energy snack called “satura” made from barley mash, raisins, and pomegranate seeds. Over centuries, it evolved through the Middle Ages with added spices and dried fruits, and transformed into a Victorian holiday tradition.

Ancient Beginnings

- ♦ **Roman “Satura”** Portable, calorie-dense mixture of barley, nuts and dried fruit used to sustain soldiers on long marches.
- ♦ **Early Preservation:** Dried fruits and honey extended shelf life when refrigeration did not exist.

Medieval and Renaissance Evolution

- ♦ **Spice Trade:** Crusaders and merchants brought exotic spices and candied fruits from trade routes into Europe.
- ♦ **Victorian Status:** Queen Victoria cemented fruitcake as a royal wedding and Christmas staple.
- ♦ **Civil War Shipping:** Sturdy American fruitcakes were frequently mailed to soldiers because they lasted for months without spoiling.

Fruitcakes came to America with the European colonists. Sugar was the key to preserving fruit for use across the seasons. One of the favorite methods of preserving fruit was to “candy” it. Candied fruit is fruit that’s been cut into small pieces, boiled in sugar syrup, tossed in granulated sugar and allowed to dry. Thanks to this technique, colonists were able to keep fruit from the summer harvest to use in their Christmas confections, and fruitcakes became one of the most popular seasonal desserts.

Fruitcakes are also popular due to their legendary shelf life, which, in an era before mechanical refrigeration, was extremely desirable. Fruitcake experts will tell you that the best fruit cakes are matured—or “seasoned” in fruitcake lingo—for at least three months before they are cut. Seasoning not only improves the flavor of the fruitcake, but it makes it easier to slice.

The Institution of Rural Free Delivery in 1896 and the addition of the Parcel Post service in 1913 caused an explosion of mail-order foods in America. Overnight, once rare delicacies were a mere mail-order envelope away for people anywhere who could afford them.

SUPPORTIVE GRIEF GROUP

8

Explore your grief journey in a safe and compassionate group environment that fosters healing, connection, and hope for the future.

Grief is a universal experience that takes many forms. Our group welcomes individuals navigating a variety of losses, including:

The death of a loved one (spouse, family member, or close friend)

Loss of a job or livelihood

Divorce or marital separation

Personal injury or illness

Retirement

Major life transitions, such as relocating far from family and friends.

Come as you are. Together, we'll share, learn, and move toward healing.

WHEN: Thursdays at 10:00 AM

**WHERE: Auglaize County Council on Aging
610 Indiana Ave.
St. Marys**

Thursdays at 11:30

**St. Paul's UCC
108 W. Mechanic St.
Wapakoneta**

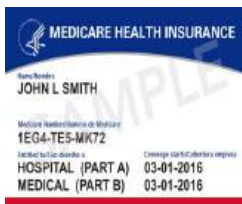
There is no cost and registration is not required.

Questions can be directed to: Trena Chiles at 419-394-8252, Option 2,
or Cindy Friedrich @ 419-549-8530 extension 104

Calling all Veterans!!

Once again we will be holding our **Vet 2 Vet program** on the first Friday of every month, between the months of September to May. The meetings for this quarter will be held on October 2nd, November 6th and December 4th at 1:00 PM.. This is a time that we invite veterans of any era to come and spend time together reminiscing. There is usually a program or topic to talk about, VA news, updates and services. Every veteran is welcome!

We hope you will join us and connect with other veterans. Questions? Call Trena at 419-394-8252, option #2. We are looking forward to seeing you. **THANK YOU FOR YOUR SERVICE!!**



Medicare Open Enrollment information Meeting

A **Medicare Check-up** presentation will be held Wednesday, October 7th at 12:00 noon. This free educational session is recommended for individuals curious about upcoming important changes for the 2027 plan year, and what you need to know before the Medicare Open Enrollment Period (October 15-December 7, 2026). **Pre-registration is not necessary for this session.**

During Open Enrollment you will have the opportunity to review and make changes to your Medicare coverage. Our Outreach Specialists, Trena and Mary, will be available to provide guidance and assistance to help you make informed decisions. You must make an appointment with them to discuss your options. Call 419-394-8252, Option 2, and ask for Trena or Mary.

The holidays can bring a whirlwind of emotions for everyone, but seniors often experience additional stress during this festive time. Whether it's the hustle and bustle of preparations, the pressure of family gatherings, or simply the memories of past holidays, stress can quickly build up. Seniors need to manage stress to protect their well-being and enjoy the season.

Elements of Holiday Stress

The first step to managing stress is understanding its sources. Seniors may feel stressed due to financial concerns, the loss of loved ones, or the strain of hosting family gatherings. There are also the physical demands of shopping, cooking, and decorating. Managing stress is crucial for maintaining overall well-being.

Setting Boundaries

It's OK to say no and prioritize the activities that truly matter to you. You don't have to attend every holiday event or fulfill every family obligation.

Practicing Self-Care

Taking time for self-care is another essential way to combat holiday stress. Gentle walks, balanced meals, and regular sleep can make a big difference. Even a few minutes of quiet reflection can rejuvenate you.

Seeking Support

It's important to recognize when you need help and not hesitate to reach out. Feeling overwhelmed is natural, and seeking support is a sign of strength, not weakness.

Focusing on Meaningful Aspects

Finally, concentrate on the most meaningful aspects of the holidays. Reflect on what truly brings you fulfillment. Engage in traditions that feel meaningful and create new ones that reflect your current lifestyle and values. These meaningful connections and moments are the true heart of the holiday season.



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St. Marys, OH 45885

10 TRIPS & TOURS

THIS IS A SUMMARY OF THE TRIPS THAT ARE PLANNED FOR 2027 SO FAR. DOROTHY MAY ADD MORE, JUST WATCH OUR FACEBOOK PAGE FOR ADDITIONS. IF YOU HAVE ANY QUESTIONS, CALL DOROTHY ON TUESDAY AND THURSDAY AFTERNOONS AT 419-394-8252.



Louisville, Kentucky

May 3rd—6th, 2027

Included in this 4 days/3 nights trip are guided tours of The Old Kentucky Home State Park & Federal Hill Mansion, Louisville Slugger Museum, Frazier Historic Museum. Glassworks Museum and visits to Churchill Downs Racetrack, Makers Mark Distilleries, and Horseshoe Indiana Casino among many more. Meals included are 3 breakfasts and 3 dinners, including a dinner cruise on the Belle of Louisville and a night of entertainment at the Derby Downs Dinner Theater. The cost of this trip is \$821.00 per person, double occupancy.



Rail & Sails of New England (Maine)

September 13th-19th, 2027

This 7 days/6 nights trip will be an exciting one. If you like trains and boats, this is the trip for you. Some of the highlights include 3 train rides and 3 cruises. Meals included are 6 breakfasts, one luncheon cruise and 3 complete dinners including one Maine Lobster Dinner with entertainment. Also included is a guided tour of Boston

The cost of this amazing trip is \$1,283.00 which includes 6 nights lodging.



Branson Show Extravaganza

November 29th-December 4th, 2027

This 6 days/5 nights trip includes admission to 6 Fabulous 'Shows! Including : Three Morning Shows: A Neil Diamond Tribute Show, Doug Gabriel Ultimate Variety Show, and Casandre— The Voice of an Angel Christmas Extravaganza and Three Evening Shows: The Haygoods Christmas Show, Presley's Country Christmas Show & "Daniel' Show at the Sight and Sound Theatre. Five nights lodging and eight meals are also included.

The cost of this trip is \$885.00 per person, double occupancy. The final payment is due 9/22/2027 with \$75.00 due upon signing.

Dorothy is still working on securing more trips for 2027. If you have any ideas of places that you would like to visit, let her know. She is always looking for suggestions. You can always check out the trips on our webpage : auglaizeseniorservices.com or watch for updates on our Facebook page.

COFFEE, CARS & CHASING YOUNG WOMEN

GRANDMA AND GRANDPA WERE HAVING THEIR MORNING COFFEE ON THE FRONT PORCH. THEY WERE REMINISCING ABOUT THE OLD DAYS AND WATCHING THE CARS DRIVE BY! A YOUNG WOMAN JOGGED BY AND WAVED. GRANDPA WAVED BACK AND KEPT HIS EYES ON HER UNTIL SHE WAS OUT OF SIGHT! ONCE THE YOUNG LADY WAS OUT OF SIGHT, GRANDPA GRINNED WIDE, LEANED OVER AND ASKED GRANDMA, "DOES IT MAKE YOU MAD WHEN I CHASE YOUNGER WOMEN?" GRANDMA SAID, "OF COURSE NOT! EVEN DOGS CHASE CARS THAT THEY CAN'T DRIVE!"



One day, a man decided he was going to ride his 10 speed bike from Phoenix to Flagstaff. He got as far as Black Canyon City before the mountains became too much and he could go no farther. He then stuck his thumb out, trying to get a ride, but after three hours, he hadn't gotten a single person to stop. Finally, a guy in a Corvette pulled over and offered him a ride. The owner of the Corvette found a piece of rope lying by the highway and tied it to his bumper. He tied the other end to the bike and told the man that if he was going too fast, to honk the horn on his bike and then he would slow down. Everything went fine for the first 30 mile. Suddenly, another Corvette blew past them. Not to be outdone, the Corvette pulling the bike took off after the other. A short distance down the road, with both Corvettes doing well over 100 mph, they blew through a speed trap. The police officer noted the speeds from his radar gun and radioed his Sargent up ahead that he had two Corvettes headed his way doing over 100 mph. He then relayed, "....and you're not going to believe this Sarg, but there's a guy on a bicycle honking his horn trying to pass!"



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12 WELLNESS INFORMATION

FREE SCREENINGS & EDUCATION

For all Wellness Programs call Trena at 419-394-8252, option 2, for an appointment.



BLOOD PRESSURE CHECKS

Every Wednesday at St. Marys 9:30 - 10:30 AM
Every Friday at Wapakoneta

NAIL CLINICS

Christine Chambers is seeing clients at the YMCA—St. Rt. 501 entrance in Wapakoneta. The days set for **Eastern Auglaize County** is **October 12th, November 9th and December 14th**. If you live in the eastern part of the county, you can call 419-305-2618 to schedule an appointment.

She will be seeing clients at the ACCA on **October 5th, November 2nd and December 7th**. To make an appointment for people living in the **western part of the county**, call 419-305-2618 to schedule an appointment.

The cost of trimming nails is \$21.00, plus extra for calluses.

ONU FREE MOBILE CLINIC

Their mobile unit will be coming to the Auglaize County Council on Aging, 610 Indiana Ave. in St. Marys the second Monday of each month. The services they provide **are free**. The services they provide are: Physical assessments and blood pressure checks; Screenings for hemoglobin, A1C, Blood glucose, and cholesterol (12 hour fast); Immunizations; Review of medical history and current medications; and Breathing capacity test. They can help you quit smoking! The dates they will be at **St. Marys** is **October 12th, November 9th, and December 14th** from 9:00—11:00 AM. No appointment is needed—walk-ins are welcome.

They will also be at the Wapakoneta site on Thursday, **October 22nd** from 9:00—11:00 AM. Monthly dates will be set up in 2027. You can call 419-394-8252, option #2, and ask for Trena, with any questions, and we will post the information on Facebook.

Thank You

Special thanks to Joint Township District Memorial Hospital, Auglaize County Health Department, Roselawn, Wapakoneta Manor, Green Palms and Wapak Assisted Living, and Celina Manor/ Briarwood Village for graciously donating your time to perform BP checks, and Christine Chambers for scheduling the monthly nail clinic.

WELLNESS WEDNESDAYS

St. Marys

October 14th— “Be Careful, Don’t Fall”

November 18th – “Mental Health and Self Care during the Holidays”

December 9th—”Taking Care of your Feet”

Wapakoneta

October 2nd— “Be Careful, Don’t Fall”

November 6th— “Mental Health and Self Care during the Holidays”

December 4th—”Taking care of your Feet”

These programs are held at 10:00 on the second Wednesday in St. Marys, and the first Friday in Wapakoneta of each month.



Sitting by the window of her convent one evening, Sister Barbara opened a letter from home. Tucked inside was a crisp \$100 bill sent by her parents, bringing a warm smile to her face. Looking out the window, she spotted a down-and-out stranger leaning against a streetlight below. Moved by compassion, she scribbled a quick note: "Don't Despair" - Sister Barbara." She wrapped the note tightly around the \$100 bill, caught the man's attention, and tossed it down to him. The stranger picked it up, shot her a bewildered look, tipped his cap, and hurried down the block. The following afternoon, the Mother Superior informed Sister Barbara that a man was at the convent doors, demanding to see her in person. When she stepped outside, she found the same scruffy stranger waiting. Without saying a word, he shoved a thick stack of hundred dollar bills into her hands. "What in heaven's name is this?" she gasped. "That's your eight grand, Sister," the man grinned. **"Don't Despair came in first at 80 to 1!"**

One evening after the honeymoon, Tom was out in the garage tinkering with his tools, happily welding just for fun. His new bride leaned against the workbench, watching quietly. After a long pause, she said "Honey, now that we're married, maybe it's time you stop spending so much time out here. You could get rid of the welder, your gun collection, the golf clubs...and honestly, that old Harley has to go." Tom froze, staring at her like she'd grown two heads. "What's wrong, darling?" she asked sweetly. "For a second there," Tom said slowly, "you sounded just like my ex-wife." Her eyes widened. "EX-WIFE! You never told me you'd been married before!" Tom shrugged. **"I haven't!"**



A SIGN IN AN EYE CLINIC:

"IF YOU DON'T SEE WHAT YOU'RE LOOKING FOR,
YOU'VE COME TO THE RIGHT PLACE."

A SIGN ON A PLUMBER'S TRUCK

"WE REPAIR WHAT YOUR HUSBAND FIXED"



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14 CENTER INFORMATION

WHO WE ARE

The Auglaize County Council on Aging's first mission is to assist the elderly, age 60+, of Auglaize County by providing direct services to aid the elderly in remaining independent and a resourceful part of the community.

STAFF

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Aging@auglaize.coa

AUGLAIZE COUNTY COUNCIL ON AGING

610 Indiana Ave. St. Marys, OH 45885
Phone: 419-394-8252
Fax: 419-394-4217
Toll-free: 1-866-244-6401
Email: geninfo@auglaizeseniorservices.com

Hours of Operation
Monday-Friday | 8:30 am - 4:30 pm
(Other Coordinated Hours Available. Emergency Hours as Needed)

WAPAKONETA BRANCH SITE

108 W. Mechanic St., Wapakoneta, Ohio 45895
Phone: 419-738-2438

The ACCA does not discriminate on the basis of race, color, sex, religion, national origin, or disability. Facility/programs accessible. Persons with disabilities subject to reasonable accommodations.

An Equal Opportunity Employer/LEP Compliant. | Ohio Relay Service #1-800-750-0750. | Information is available in alternative formats "upon request."

HELP US TO HELP OTHERS

Your donations to the Auglaize County Council on Aging Endowment Fund at the St. Marys Community Foundation help senior adults in Auglaize County in a myriad of ways. Our mission is to help and support seniors in retaining their independence and vitality as long as possible.

Please complete this form & mail it with your check or money order, payable to:

Auglaize County Council on Aging | 610 Indiana Ave. P.O. Box 215, St. Marys, OH 45885

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Donation Amount \$ _____ Check # _____ Date _____

This gift is made:

_____ In loving memory of _____

_____ In honor of _____

_____ Other _____

_____ (Optional) Also acknowledge this gift to:

Name _____

Address _____

WISH LIST

The Auglaize County Council on Aging is in need of a church, organization or person that would be willing to furnish a meal for the seniors. This can be done once, monthly, bi-monthly or whenever it would be convenient. It would be greatly appreciated.

Also, we would be sincerely thankful for donations of bingo prizes. If you would like more information, call 419-394-8252 and ask for Activities.

If you have been blessed, would you like to share your blessings with others who are in need?

Thank you in advance!



THANK YOU

Pastor Tony for his messages.

Wayne Street Church, Trinity Lutheran Church, New Hope Worship Center, Shekinah Temple, Holy Rosary/St. Patrick Catholic Churches, St. Marys Church of the Nazarene, for providing meals. Also thank you to Mike Nagel and Judy Yahl for everything you do, Dannon for the donation of yogurt.

Wapakoneta St. Paul United Church of Christ and Victory Christian Center for hosting activities and providing meals. Compassus @ Mercy Health for breakfast at Wapakoneta; Grande Lake Healthcare; Van Crest of St. Marys; Everheart Hospice; Green Palms, and Wapakoneta Assisted Living Center for bingo prizes.

Agape Ministries, Mercy Unlimited and West Ohio Food Bank for all their donations.

Emma Jane Schrolucke for her entertainment.

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Happy Holidays

*From the ACCA Board of Trustees
and
Staff*

