



AUGLAIZE COUNTY COUNCIL ON AGING QUARTERLY NEWSLETTER

2025 ANNUAL REPORT

This report concerns Auglaize County Council on Aging activities for the past calendar year. One of the Council’s primary services is its transportation. For the year, the Council’s vehicles transported 351 clients. The council presently operates thirteen (13) vehicles. The total mileage for 2025 was 190,684 miles, and total one-way trips were 11,584. Total gas cost for 2025 was \$48,607.00.

The Chore Service the Council provides performed 1,778.00 hours of work for 176 unduplicated clients in Auglaize County in 2025. Chore workers performed different services such as minor home repair, grass mowing, leaf raking, delivery of food boxes, and ramp building. Repairing and installing ramps for 21 clients comprised 543.75 of the total hours. An additional 208 hours were generated by delivering bakery and produce items to several senior housing facilities every week. Homemakers perform light housekeeping chores such as cleaning bathrooms and general cleaning, laundry, groceries and running errands. The Homemakers performed 1,328.00 hours of work for 73 unduplicated clients in 2025.

The Council employs two (2) Outreach Workers who explain available services to senior citizens and help them contact the programs that fit the senior’s needs. They also answer Medicare and insurance questions. They completed 807 consultations in 2025, plus numerous miscellaneous requests. The ACCA mails a quarterly newsletter free of charge to approximately 2,000 households. Readers learn about new programs as they become available and of changes or improvements in existing ACCA programs. Newsletter subscriptions can be obtained by contacting the Council on Aging. The newsletter can be assessed online on our website, or can be sent directly to an email address.

There were approximately 3,517 hot meals served in 2025. A total of 619 monthly food boxes were delivered during the year. The St. Marys site serves meals and holds activities on Monday and Wednesday; but is open every day to the public for card clubs, general assistance and transportation. The Wapakoneta site is open on Thursday and Fridays for the meal site and activities. A total of 251 unduplicated clients participated in social activities. Wellness activities such as screenings, education and exercise were utilized by 212 unduplicated clients.

APRIL/MAY/JUNE 2026

**CHECK OUT
WHAT’S INSIDE!**

- 02 Planting Season
- 04-05 Calendar of Events
- 06 Senior Profiles
- 10 Trips & Tours
- 12 Wellness Wednesdays
- 15 Special Thanks

Planting season has arrived in our neck of the woods and farmers are busier than Santa's elves on Christmas Eve. There's something about the sight of an unplanted field that turns farmers into fanatics. Maybe it's due to the scent of warming soil, but a more likely **reason** is the sound of a neighbor's tractor pulling a planter. This makes farmers unreasonably anxious and one thought crowds out all others: "*We should be planting too!*"

My earliest recollection of the planting season is watching Dad pour bags of seed corn into our four-row planter. The smell of the neon-pink seed treatment mingling with the perfume of freshly worked soil implanted an indelible memory in my brain. These aromas still make me feel giddy about the dawn of a new growing season. That was back when planting corn was an art form and a public spectacle, on par with the Olympics. It took a great deal of athleticism and skill to create arrow-straight corn rows while muscling the wheel of a non-power steering tractor.

And then there was the issue of the check wire. It was common when I was a kid for farmers to plant corn in a checkrow pattern. A long wire would be stretched from one end of the field to the other. Knots in the wire, which were spaced 40 inches apart, would pass through a trip mechanism on the side of the planter, causing seeds to be dropped at 40-inch intervals.

There was a great deal of debate regarding how many seeds should be dropped in each hill. Some argued that three seeds were plenty, while others maintained that four seeds were needed to attain full yield potential. I think Grandpa Nelson's argument for four seeds per hill was the most compelling. "*One seed for the worm, one seed for the devil, one seed for the church, and one for me!*" is how he explained it.

The check wire added an extra dimension to corn planting. You not only needed to keep your rows straight while driving down the field, but you also had to successfully manage the check wire situation to create precise cross rows. It was like playing chess on a grand scale. As soon as the corn emerged, anyone could see what sort of a job you did. A perfectly checked cornfield would have straight rows when viewed from both the headland and from the sides. There would also be harmonious orderliness when the rows were viewed diagonally. A poorly checked field would have jarring jags in the cross rows. It was a sport to go for a Sunday drive and check out your neighbors' checkrows. There would be much tut-tutting if glaring irregularities could be seen. Severe crooks in the checkrows could be problematic for the farmer. This was because the zigzags would make cultivating difficult.

This was long before the advent of modern seed technology and failsafe herbicides. Weed control was accomplished entirely via mechanical means, usually with a cultivator mounted on the front of the same difficult-to-steer tractor that had been used to plant the field. It was standard practice to cultivate corn at least three times. The first pass was made shortly after the tender little seedlings had emerged. It was an agonizingly slow process, as driving too fast would result in buried or uprooted seedlings and barren patches in the field. This was known as "*iron blight.*"

The checkrows made it possible for the second cultivation to be done at a right angle to the first pass. The corn was taller by then, so the operator could drive faster. A third cultivation usually took place when the corn was tall enough to touch the tractor's rear axles. Speed was needed to throw soil into the rows and smother any weeds that had escaped the first two passes. The third cultivation was done at a right angle to the second. This meant that the tractor's front wheels would summit a small hill every 40 inches. Imagine trying to wrestle with an unruly steering wheel while riding a mechanical bull.

A flawlessly cultivated cornfield would swell your chest with the thrill of victory. Inattention and a loose grip on the steering wheel could mean iron blight and the heartbreak of defeat.

GPS technology and computerized steering systems produce corn rows that are laser straight and modern herbicides provide uniform weed control. Hardly anyone cultivates their corn anymore, and nobody uses checkrow planting. Every field looks perfect and is perfectly boring. But I miss the days when you could drive past a neighbor's cornfield and say, "*Whoops! Looks like Ed had a loose wire!*"

This year (2026) the United States of America will be celebrating 250 years of independence. We are sure there will be many activities in every part of the country to celebrate this monumental event.



The Auglaize County Council on Aging will also be celebrating a milestone. In September, we will be celebrating 50 years of continued existence. We have certainly grown from our humble beginnings in the back of Neely's Drug Store in 1976.



We will be having some special events to accentuate this day as the time gets closer. We are proud of our agency and the services that we provide to the Auglaize County seniors. To many, we our their lifeblood (transportation, socialization and other services).

STAY TUNED!

Easter Word Search

V D L A F H O N Z N L A M B S O Z
 N U L V E C H O C O L A T E P S T
 J C C K O G W G P Q D S U Z K E F
 E G A R S Z W S G A D K L C N Z Z
 V A Y U I W P R F P D G I N N Y D
 S D S U O R A F Y Z G H O B L G E
 K W D T I M O M P E C B D I Z N C
 A C K N E D Z N Z J X P L L D Q O
 B W G E I R E J X I P A H U N T R
 M B K L L D Z H F A B B S Y R D A
 U C L A R B O M K S R E W O L F T
 S H Y S X E A T Y E L J A O N O E
 M J U A R X D S Y G D D Z X J A H
 F U I Q D C G A K N O S D V K Y K
 U B P L C N U N R E N W J V P V W
 Y T C M P D U S H A T U F V H H R
 C I B V H S H S J D P X B M R G A





- CHOCOLATE
- DECORATE
- DAFFODIL
- FLOWERS
- CHICKS
- PARADE
- SUNDAY
- SPRING
- BASKET
- BONNET
- EASTER
- LAMBS
- BUNNY
- HUNT
- EGG


APRIL 2026 CALENDAR OF EVENTS

Monday (SM)	Tuesday	Wednesday (SM)	Thursday (Wapak)	Friday (Wapak)
All activities are subject to change!		1. Chair Exercise Easter Egg Hunt/ Lunch Bingo 10:30 Euchre 12:00	2. Craft Just Sayin Bingo 10:30 Easter Lunch 11:00	3. Good Friday Closed
6. Chair Hockey Just Sayin Bingo 10:30 Lunch 11:15 Euchre 12:00	7. Meal site Closed	8. Wellness Wednesday 10:00 Van Crest Bingo 10:30 Birthday bash with entertainment Euchre 12:00	9. Chair Volleyball LOL Day Bingo 10:30 Lunch 11:00	10. "National Library" Week Donut Day Bingo 10:30 Lunch 11:00
13. Facial Exercises Poetry Day Bingo 10:30 Lunch 11:15 Euchre 12:00 ONU Day	14. Meal site Closed	15. Reading A Map Donut Day Bingo 10:30 Lunch 11:15 Euchre 12:00 Tax Day	16. Mercy Health Breakfast Mon & Pop Store Bingo 10:30 Lunch 11:00	17. All activities at Victory Center You got the mic night 5:00-8:00—St. Marys
20. Mon & Pop Store Count by 2s, 5s & 10s Bingo 10:30 Lunch 11:15 Euchre 12:00	21. Meal site Closed	22. Balloon Fly Swatter Sandwich Day Bingo 10:30 Lunch 11:15 Euchre 12:00	23. Spring Fling Trivia Bingo 10:30 Lunch 11:00	24. Chair Exercises Brain Health Bingo 10:30 Lunch 11:00
27. Craft Painting Bingo 10:30 Lunch 11:15 Euchre 12:00	28. Meal site Closed	29. Spring Fling Trivia Bingo 10:30 Lunch 11:15 Euchre 12:00	30. Facial Exercises Map—Colorado Honesty Day Bingo 10:30 Lunch 11:00	

MAY 2026 CALENDAR OF EVENTS

Monday (SM)	Tuesday	Wednesday (SM)	Thursday (Wapak)	Friday (Wapak)
				1. Fun Day Friday Wellness Friday Bingo 10:30 Birthday Bash
4. Spring Cleaning Poem Bingo 10:30 Lunch 11:15 Euchre 12:00	5. Meal site Closed	6. Chair Volleyball Terms Bingo 10:30 Euchre 12:00	7. Mercy Breakfast Chair Hockey Bingo 10:30 Lunch 11:15	8. Fun Day Friday Donut Day Bring one Take One Bingo 10:30 Lunch 11:00
11. Mother's Day Lunch with entertainment Euchre 12:00 ONU Day	12. Meal site Closed	13. Wellness Wednesday 10:00 Bingo 10:30 Birthday bash with entertainment Euchre 12:00	14. Many modes Movement Sheet and exercises Bingo 10:30 Lunch 11:00	15. All Activities at Victory Center
18. Bring one Take one Bingo 10:30 Lunch 11:15 Euchre 12:00	19. Meal site Closed	20. Donut Day Craft Bingo 10:30 Lunch 11:15 Euchre 12:00	21. Fire Department Field Trip Bingo 10:30 Lunch 11:15	22. Fun Day Friday Memorial Picnic Game Day Bingo 10:30 Lunch 11:15
25. MEMORIAL DAY CLOSED	26. Meal site Closed	27. Game Day Bingo 10:30 Picnic Lunch 11:15 Euchre 12:00	28. Craft Bingo 10:30 Lunch 11:15	29. Chair exercises Terms Bingo 10:30 Lunch 11:15

JUNE 2026 CALENDAR OF EVENTS

Monday (SM)	Tuesday	Wednesday (SM)	Thursday (Wapak)	Friday (Wapak)
1. Card Day Face Exercise Bingo 10:30 Lunch 11:00	2. Meal site Closed	3. Beach Trivia Bingo 10:30 Lunch 11:00 Euchre 12:00	4. Table Trivia Chair Exercises Bingo 10:30 Lunch 11:00	5. Fun Day Friday Wellness Friday Birthday Bash Bingo 10:30 Lunch 11:00
8. Table Trivia Chair Exercises Bingo 10:30 Lunch 11:00 Euchre 12:00 ONU Day	9. Meal site Closed	10. Wellness Wednesday 10:15 Bingo 10:30 Birthday Bash 11:00 Entertainment Euchre 12:00	11. Missing Body Parts Face Exercises Bingo 10:30 Lunch 11:00	12. Fun Day Friday Donut Day Flag Day Bingo 10:30 Lunch 11:00
15. Flag Day Chair Volleyball Bingo 10:30 Lunch 11:15 Euchre 12:00	16. Meal site Closed	17. Donut Day RX Mistakes Bingo 10:30/Lunch 11:15 Euchre 12:00	18. Mercy Breakfast RX Mistakes Bingo 10:30 Lunch 11:00	19. All Activities at Victory Center
22. Father's Day Picnic Bingo 10:30 Lunch 11:15 Euchre 12:00	23. Meal site Closed	24. Say What? Bingo 10:30 Lunch 11:15 Euchre 12:00	25. Tray Memory Beach Items Bingo 10:30 Lunch 11:00	26. Fun Day Friday Chair Volleyball Say What? Bingo 10:30 Lunch 11:00
29. Tray Memory Beach Items Bingo 10:30 Lunch 11:15 Euchre 12:00	30. Meal site Closed		Pinochle at St. Marys on Fridays at 12:00	All activities are subject to change!

A LETTER FROM THE ACTIVITIES DIRECTORS

Hello everyone,

Hopefully, we are seeing definite signs of Spring by this time. This has been a long cold winter. Now is the Renewal time of the year. Happy Spring!

We have a lot of exciting things planned for the next three months:

April—Celebrating Spring

May—Celebrating Mothers

June—Celebrating Fathers

The second Wednesday of each month we celebrate monthly birthdays at St. Marys meal site, and celebrate them on the first Friday of each month at the Wapakoneta meal site

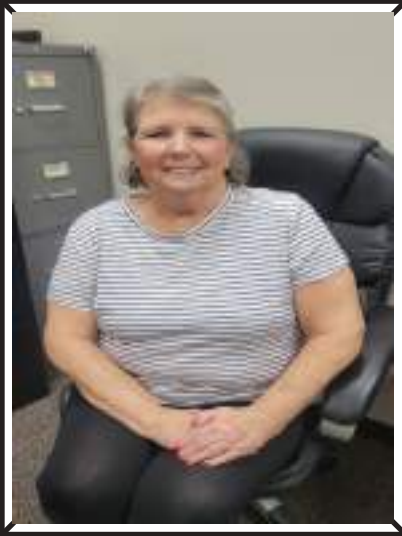
On **April 17th** we will be holding a “**You got the Mic**” night at our St. Marys site from 5:00—8:00 PM. This is an open mic event and anyone can participate. Snacks will be provided.

The Auglaize County Council on Aging will be celebrating our 50th Anniversary in September. We will be having extra activities to recognize this event. We will post the events on Facebook and include the information in the newsletter.

Come in and join the fun. Check the newsletter for activities scheduled. Often we change scheduled activities and reschedule another. There is never a dull moment. We would love to have you!

Enjoy the Rebirth of Easter! Hope to see you soon!!





Linda Kanode was born and raised in Lima. She had a great childhood along with her two brothers and three sisters. Her parents both served in the military. She attended St. Gerard's Grade School and graduated from Lima Central Catholic High School. After high school she attended Apollo Career Center for 365 hours of welding school.

Linda moved around a lot to different states— North Carolina, New Mexico, Georgia, Florida and Texas. She has now settled in Wapakoneta and is enjoying her retirement. Linda is the mother of five children who she is very close to, and enjoys making memories with them.

Retiring in Wapakoneta has brought her great joy. She is thankful for a roof over her head, food to eat, great close family and special friends that she can depend upon. Her hobbies include wreath making and flower arranging.

Linda enjoys attending the ACCA because of the bingo and delicious meals. It is a great place for making new friends and making crafts.

Words of advice for future generations is to get a good education and stay close to family, and love your parents.

When asked what is her favorite thing to do in Auglaize County she replied, "Visiting downtown Wapak is so much fun, with great little shops and good restaurants".

Alex Burd is one of our Transportation Drivers. His parents are Mark and Jill, and he has two brothers, Daniel and Ethan, and two sisters, Lily and Addison. He graduated from Anna High School, and is now attending Wright State University to obtain a major in social work. After graduation, he hopes to become a private therapist, and a marriage counselor.

A special memory of his is when his family took a vacation to the western states, and the Rocky Mountains. Every way he turned the beautiful scenery was breathtaking. It filled him with peace and joy. He enjoys looking in awe at all of God's creations, and sightseeing new places is a great way to do that.

Alex is thankful for just about everything in his life. He stated, "Being able to breathe, exist, and be alive is the greatest gift of all"!

For being such a young man he has good advice for future generations— "Don't dwell in the past, and don't anticipate the future. Live in the moment and take every experience for what it is, and learn from every success AND failure".

His favorite part of working for the ACCA is being able to give himself to others, and provide others with a comfort that they might not already have. The absolute best thing that he likes to do in Auglaize County is watching the sunsets over the lake. Even though Alex only works several days a week, the clients find him a breath of fresh air.



STRAWBERRY SHORTCAKE CAKE

WWW.LIFELOVEANDSUGAR.COM

This Strawberry Shortcake Cake is an easy twist on the classic dessert with layers of moist vanilla cake, juicy strawberries and fluffy whipped cream.

INGREDIENTS:

2-1/2 cups all purpose flour
 2-1/2 tsp. baking powder
 1/2 tsp. salt 1/2 cup unsalted butter
 1/2 cup vegetable oil (room temp.)
 1 tbsp. vanilla 1-1/2 cups sugar
 4 large eggs 1-1/4 cups milk

1 pound fresh strawberries
 3 tbsp. sugar

2-1/2 cups heavy whipping cream
 1-1/4 cups powdered sugar
 2 tsp. vanilla

INSTRUCTIONS:

- Prepare (3) 9" round cake pans with parchment paper and grease the sides. Preheat oven to 350 degrees.
- Combine the flour, baking powder and salt in a medium sizes bowl and set aside.
- Add the butter, oil, sugar and vanilla to a large mixer bowl and beat together until light in color and fluffy, about 2 minutes. Add the eggs one at a time, mixing until mostly combined each time.
- Add half of the dry ingredients and mix. Slowly add the milk and mix until well combined. Add the remaining dry ingredients until well combined. Do not over mix the batter.
- Divide the batter evenly between the cake pans and **bake for 18-20 minutes.**
- Wash the strawberries and slice them. Add 3 tbsp. sugar and toss together. Refrigerate at least 1-2 hours.
- Add the heavy whipping cream, powdered sugar and 2 tsp. vanilla to a large mixer bowl and whip on high until peaks form.
- Place a cake layer on a cake plate, add whipped cream and half the strawberries. Repeat with second layer. Add final layer and cover with berries.



HISTORY OF STRAWBERRIES

Strawberries have a long history, originating as wild, small berries in both hemispheres, with early records from Rome noting their medicinal use.

Key Historical Developments:

- Ancient & Medieval Times:** Wild strawberries were eaten in Europe since the Neolithic era. Romans and Greeks valued them for medicinal purposes rather than food, often using them for skin conditions or to sooth illnesses.
- Cultivation (14th-16th Century):** The French were the first to transplant wild wood strawberries into gardens in the 1300s. By the late 1500s, European gardens were growing different varieties.
- The Modern Hybrid (18th Century):** The large, modern strawberry resulted from an accidental cross-pollination in France of the Virginia strawberry and the Chilean strawberry.
- Expansion:** By the 19th century, with improved cultivation methods, strawberries became a widely popular, accessible, and commercial fruit, particularly in England and the US.

Origins of the Name:

- Strew-berry:** Originally called "strewberries" the name comes from how the berries seem to be "strewn:" amongst the leaves of the plant.
- Straw-berry:** Another theory suggests the name came from the 19th-century practice of laying straw around the plants to protect the, or from English children who threaded them onto straw to sell.

Cultural Significance:

- Art & Folklore:** In the Middle Ages, they symbolized perfection, righteousness, or temptation. They appeared in medieval art, such as paintings by Hieronymus Bosch.
- Symbolism:** While they one represented the fleeting nature of life, by the 20th century, they became a symbol of female sexuality.
- Usage:** Beyond food, they were used to treat sunburns and as legend has it, Napoleon's wife Madame Tallien famously bathed in the juice of 22 pounds of strawberries.

SUPPORTIVE GRIEF GROUP

8

Explore your grief journey in a safe and compassionate group environment that fosters healing, connection, and hope for the future.

Grief is a universal experience that takes many forms. Our group welcomes individuals navigating a variety of losses, including:

The death of a loved one (spouse, family member, or close friend)

Loss of a job or livelihood

Divorce or marital separation

Personal injury or illness

Retirement

Major life transitions, such as relocating far from family and friend.

Come as you are. Together, we'll share, learn, and move toward healing.

WHEN: Thursdays at 10:00 AM

**WHERE: Auglaize County Council on Aging
610 Indiana Ave.
St. Marys**

There is no cost and registration is not required.



LUNCH AND LEARN

“Heritage Home Health” will be hosting a presentation of their services on Tuesday, April 7, 2026 at 11:00 AM. **Lunch is provided.** Learn about their Assisted Living, Home Health, Hospice and Skilled Nursing Facilities. Call Trena Chiles at 419-394- 8252 to register.

Be sure to check out our website which has been updated. You can check out all of our services, and view the latest addition of the newsletter. If you would prefer to read the newsletter on line, or have a copy sent to your inbox, instead of receiving a hard copy, now is the time to let us know. Just email us at newsletter@auglaizeseniorservices.com and tell us to take you off the mailing list. We will be happy to do so.



Spring is a dangerous transition season where warm air from the south collides with lingering winter cold, creating a prime environment for severe weather, including tornadoes, high winds, large hail, and flooding. March through May is considered peak severe weather season in many parts of the U.S.



Here is how to be weather wary and prepared for spring storms:

Know the Hazards

- **Tornadoes:** Spring is the highest potential season for tornadoes.
- **Severe Thunderstorms:** These can produce damaging winds exceeding 58 mph and hail.
- **Lightning:** Can strike before rain begins; remember: “When Thunder Roars, Go Indoors”.
- **Flooding:** Rapid snowmelt and heavy rains can lead to, flash floods, and overflowing rivers.

Key Safety Actions

- **Understand Alerts:** A **Watch** means conditions are favorable for severe weather (be prepared). A **warning** means severe weather is imminent or occurring (take action).
- **Create a Plan:** Identify a safe, low-level, interior room (like a basement or closet) for shelter. If you live in a mobile home, find a sturdy building to go to.
- **Multiple Ways to Receive Warnings:** Ensure you can get alerts via smartphone, a NOAA Weather Radio, or local media.
- **Prepare Your Home:** Trim trees, clean gutters to prevent water damage, and secure outdoor items that could become projectiles in high winds.

Stay informed by monitoring local weather reports, as spring storms can develop rapidly.

MARIA STEIN ANIMAL CLINIC
 Large and Small
 Animal Vet Services
 Emergency Services

419-925-4212
 8155 State Route 119, Maria Stein
www.mariasteinanimalclinic.com

EDWIN F. NICKOL, INC.
 Monuments
 Versailles, OH

937-526-3711

More Inspired Less Retired

Finally, a retirement community that can *KEEP UP WITH YOU!*

Otterbein SeniorLife Community is a continuing care, 55 and up campus offering:

Independent Living | Assisted Living | Respite Care
 Long Stay Nursing | Memory Care
 Short Term Rehabilitation

Otterbein.org/Cridersville
 419-645-7151
 100 Red Oak Drive
 Cridersville, OH 45806

Otterbein.org/StMarys
 419-394-6184
 11230 State Route 364
 St. Marys, OH 45885

WE'RE HIRING

Ad Sales Executives

- Paid Training
- Some Travel
- Work-life Balance
- Full-time with Benefits
- Serve Your Community

Visit www.4lpi.com/careers

10 TRIPS & TOURS

THIS IS A SUMMARY OF ALL THE TRIPS THAT ARE PLANNED FOR 2026. DOROTHY MAY ADD MORE, JUST WATCH OUR FACEBOOK PAGE FOR ADDITIONS. IF YOU HAVE ANY QUESTIONS, CALL DOROTHY ON TUESDAY AND THURSDAY AFTERNOONS AT 419-394-8252.



Shipshewana, Indiana Countryside Amish Adventure

September 8th—10th

This 3 days/2nights tour includes a full day guided tour of Indiana's Amish Country & Tour of an Amish Homestead, with an authentic Amish Homestead Dinner. Also included is admission to the show "Love Comes Softly" at the Blue Gate Theatre with an included meal; admission to MENNO-HOF, "The Amish & Mennonite Story"; authentic wagon tour & feeding at Cook's Bison Ranch. Everyone will get a chance to get some shopping in also. The cost of this trip is \$508.00 per person, double occupancy. **Last date to sign up is 7/1/26**



Mount Rushmore, the Badlands & Black Hills of South Dakota

September 26th—October 4th, 2026

Included in this 9 days/8 nights trip is Mt. Rushmore National Memorial; Badlands National Park; a visit to the famous Wall Drug Store; Crazy Horse Memorial; Custer State Park among many more. Meals included are 8 breakfasts and 6 dinners, plus gambling at a Deadwood Casino. The cost of this trip is \$1,176.000 per person, double occupancy. **Last date to sign up is 7/19/26**



New York City—"The Big Apple"

December 3rd—9th, 2026

See "The Big Apple" decorated for Christmas!

This 7 days/6 nights trip will be an exciting one. Some of the great experiences and beautiful sights include 3 days of guided tours of New York City such as Central Park; Rockefeller Center; Times Square; 9/11 Memorial; One World Observatory and so much more!

On the way home, you will stop at Hersey's Chocolate World.

The cost of this amazing trip is \$996.00 which includes 6 nights lodging and 10 meals. **The final sign up date is 9/26/26**

Dorothy is starting to plan trips for 2027. She has reserved a trip to Branson the week after Thanksgiving. If you have any ideas of places that you would like to visit, let her know. She is always looking for suggestions. You can always check out the trips on our webpage : auglaizeseniorservices.com or watch for updates on our Facebook page.

Always laugh when you can. It is cheaper than medicine.

A blonde had not been to church for many, many months. She always promised to go but never did. One day the pastor was astounded when she suddenly showed up for Sunday service. There after, she was as every Sunday service, every prayer meeting, every home group meeting, etc. Three months later, one Sunday after the service the pastor asked her, "What happened to you? You always dodged church and now it looks like you can't get enough of it?" She replied, "It's this new car of mine pastor! **The dealer told me the warranty will lapse if I miss even one service!**"

Everyone thinks senior citizens are senile, but.....

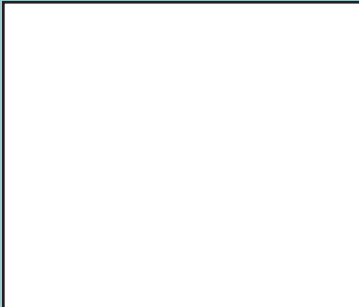
An elderly couple were celebrating their 60th wedding anniversary. The couple had married as childhood sweethearts and had moved back to their old neighborhood after they retired. Holding hands, they walked back to their old school. It was not locked, so they entered, and found the old desk they'd shared, where Andy had carved "I love you, Sally" into the old wood. Ah, the sweet memories.

On their way home from reminiscing at school, a bag of money fell out of an armored car, practically landing at their feet. Sally quickly picked it up and, not sure what to do with it, they took it home. There, she counted the money—fifty thousand dollars!

Andy said, "We've got to give it back." Sally said, "Finders keepers, losers weepers," as she put the money back in the bag and went up stairs to hide it in their attic. The next day, two police officers were canvassing the neighborhood looking for the money, and they knocked on Andy and Sally's door. "Pardon me, did either of you find a bag that fell out of an armored car yesterday?" Sally said, "No we didn't." Andy said, "She's lying. She hid it up in the attic." Sally said, "Don't believe him, he's getting senile. The officers turned to Andy and began to question him. One officer said: "Tell us the story from the very beginning." Andy replied, "**Well, sir, when Sally and I were walking home from school yesterday.....**"



No act of kindness is ever wasted



Where Every Resident is Family



 *Elmwood*
Assisted Living of New Bremen

New Bremen, OH 419-977-2711 Assisted Living • Memory Care

WE APPRECIATE OUR ADVERTISERS

They allow us to print this newsletter. Thank you!



Made you look.

Advertise here to reach your local audience.



Scan to get started!

Visit lpicommunities.com/advertising-solutions

12 WELLNESS INFORMATION

FREE SCREENINGS & EDUCATION

For all Wellness Programs call Trena at 419-394-8252 for an appointment.



BLOOD PRESSURE CHECKS

Every Wednesday at St. Marys 9:30 - 10:30 AM
Every Friday at Wapakoneta

NAIL CLINICS

Christine Chambers is seeing clients at the YMCA—St. Rt. 501 entrance in Wapakoneta. The days set for **Eastern Auglaize County** is **April 13th, May 11th and June 15th**. If you live in the eastern part of the county, you can call 419-305-2618 to schedule an appointment.

She will be seeing clients at the ACCA on **April 6th, May 4th and June 8th**. To make an appointment for people living in the **western part of the county**, call 419-305-2618 to schedule an appointment. The cost of trimming nails is \$21.00, plus extra for calluses.

ONU FREE MOBILE CLINIC

Their mobile unit will be coming to the Auglaize County Council on Aging, 610 Indiana Ave. in St. Marys the second Monday of each month. The services they provide **are free**. The services they provide are: Physical assessments and blood pressure checks; Screenings for hemoglobin, A1C, Blood glucose, and cholesterol (12 hour fast); Immunizations; Review of medical history and current medications; and Breathing capacity test. They can help you quit smoking! The dates they will be at **St. Marys** is **April 13th, May 11th and June 8th** from 2:00 to 4:00 PM. No appointment is needed—walk-ins are welcome.

They will also be going to our Wapakoneta site, but at this time the dates have not been confirmed. You can call 419-394-8252, ask for Trena, with any questions, and we will post the information on Facebook.

Thank
You

Special thanks to Joint Township District Memorial Hospital, Heritage Home Health, Auglaize County Health Department, Roselawn, Celina Gardens and Community Health Professionals, and Wapakoneta Manor for graciously donating your time to perform BP checks, and Christine Chambers for providing the monthly nail clinic.

WELLNESS WEDNESDAYS

St. Marys

April 8th— “Thyroid”

May 13th – “Lungs”

June 10th —Stomach

Wapakoneta

April 3th—“Thyroid”

May 1st — “Lungs”

June 5th— “Stomach”

These programs are held at 10:00 on the second Wednesday in St. Marys, and the first Friday in Wapakoneta.



All I Really Need to Know about Life, I Learned from Noah's Ark

- 1) Don't miss the boat.
- 2) Remember that we are all in the same boat.
- 3) Plan ahead. It wasn't raining when Noah built the Ark.
- 4) Stay fit. When you're really old, someone may ask you to do some thing really big.
- 5) Don't listen to the critics; just get on with the job that needs to be done.
- 6) Build your future on high ground.
- 7) For safety sake, travel in pairs.
- 8) Speed isn't always an advantage. The snails were on board with the cheetahs.
- 9) When you're stressed, float for awhile.
- 10) Remember, the Ark was built by amateurs: the Titanic by professionals.
- 11) No matter the storm, when you are with God, there's always a rainbow waiting.
- 12) When the doo-doo gets really deep, don't sit there and complain—shovel!
- 13) Remember that the woodpeckers inside are often a bigger threat than the storm outside.



**FORTKAMP
FOAM**

Cellulose & Foam Insulation Services
for New & Existing Homes & Buildings
3226 Wabash Rd., Ft. Recovery

419.852.1390

fortkampfoam@hotmail.com
www.EnergySavingSprayFoam.com

Little
space.
Big
impact.

Advertise here
Call 800-950-9952

Advertise in Our
Newsletter!

Contact Jayne Pandy
jpandy@4LPi.com
(800) 950-9952 x6401

Support Our Advertisers!



14 CENTER INFORMATION

WHO WE ARE

The Auglaize County Council on Aging's first mission is to assist the elderly, age 60+, of Auglaize County by providing

STAFF

Robert Warren, Executive Director
safety@auglaizeseniorservices.com

Elsie McGlothen, Transportation Coordinator
transportation@auglaizeseniorservices.com

Linda McDermitt, Administrative Assistant/
Newsletter Coordinator
geninfo@auglaizeseniorservices.com
newsletter@auglaizeseniorservices.com

Facebook: Auglaize County Council on
Aging@auglaize.coa

AUGLAIZE COUNTY COUNCIL ON AGING

610 Indiana Ave. St. Marys, OH 45885
Phone: 419-394-8252
Fax: 419-394-4217
Toll-free: 1-866-244-6401
Email: geninfo@auglaizeseniorservices.com

Hours of Operation
Monday-Friday | 8:30 am - 4:30 pm
(Other Coordinated Hours Available. Emergency Hours as Needed)

WAPAKONETA BRANCH SITE

108 W. Mechanic St.. Wapakoneta, Ohio 45895
Phone: 419-738-2438

The ACCA does not discriminate on the basis of race, color, sex, religion, national origin, or disability. Facility/programs accessible. Persons with disabilities subject to reasonable accommodations.

An Equal Opportunity/Affirmative Action Employer/LEP Compliant. | Ohio Relay Service #1-800-750-0750. | Information is available in alternative formats "upon request."

HELP US TO HELP OTHERS

Your donations to the Auglaize County Council on Aging Endowment Fund at the St. Marys Community Foundation help senior adults in Auglaize County in a myriad of ways. Our mission is to help and support seniors in retaining their independence and vitality as long as possible.

Please complete this form & mail it with your check or money order, payable to:

Auglaize County Council on Aging | 610 Indiana Ave. P.O. Box 215, St. Marys, OH 45885

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Donation Amount \$ _____ Check # _____ Date _____

This gift is made:

_____ In loving memory of _____

_____ In honor of _____

_____ Other _____

_____ (Optional) Also acknowledge this gift to:

Name _____

Address _____

WISH LIST

The Auglaize County Council on Aging is in need of a church, organization or person that would be willing to furnish a meal for the seniors. This can be done once, monthly, bi-monthly or whenever it would be convenient. It would be greatly appreciated.

Also, we would be sincerely thankful for donations of bingo prizes. If you would like more information, call 419-394-8252 and ask for Activities.

When the seniors are asked, what they enjoy the most about coming into the center, their answer is always the socialization and playing bingo.



THANK YOU

Pastor Tony for his messages. Wayne Street Church, Trinity Lutheran Church, New Hope Worship Center, Shekinah Temple, Holy Rosary Catholic Church, St. Marys Church of the Nazarene, for providing meals. Also thank you to Mike Nagel for everything you do, Dannon for the donation of yogurt, and Bob Bassitt for providing lunch.

Wapakoneta St. Paul United Church of Christ and Victory Christian Center for hosting activities and providing meals.

Agape Ministries, Mercy Unlimited and West Ohio Food Bank for all their donations.

Emma Jane Schrolucke for her entertaining music.



Never miss our newsletter!

Subscribe



Receive each new issue of our newsletter via email.



Visit www.mycommunityonline.com





Senior Reflections
Auglaize County Council on Aging
610 Indiana Ave. / P.O. Box 215
St. Marys, OH 45885-0215

NON-PROFIT
STANDARD
US POSTAGE PAID
ST. MARYS, OH
45885
PERMIT 22

RETURN SERVICE REQUESTED

