



AUGLAIZE COUNTY COUNCIL ON AGING QUARTERLY NEWSLETTER

SAY "YES" ON NOVEMBER 4TH FOR OUR LEVY RENEWAL

The elderly population is the fastest growing population. Between 2010 and 2030, Ohio's total population is projected to grow by 0.7%, **while Ohio's population, ages 60 and older, is expected to increase by 33.4%.** By 2030, Ohioans, aged 60 and older, will make up 26.3% of Ohio's total population. The fastest growing segment of the elderly population is the "oldest old", generally defined as those aged 85 and older. This group is experiencing significant growth due to increased life expectancy and advancements in healthcare. It is estimated that roughly 33.2% of Ohio's population aged 65 and over have disabilities. Some of the barriers that people with disabilities experience in everyday life, are physical obstacles, limited transportation, and a lack of accommodations to facilitate their participation in activities and access services. The poverty rate for people 60 years and over in Ohio is 11%. The percentage of persons 65 years and over in Auglaize County is 20.7%.

The money generated by this 5 year (1 mill) renewal levy allows us to strive to meet the needs of the county seniors. This is not a new levy. **No new taxes! Renewal only!** On a home valued at \$100,000.00, the taxes will be \$19.00 per year. The levy will generate \$965,740.00 per year for the agency. We have been providing direct services to encourage independent living for the elderly for forty nine years. Next year we will celebrate our 50th anniversary.

In the past five years (2020-2024) we drove **938,974** miles in senior transportation, primarily medical transport. We are in Auglaize, Allen, and Mercer counties five days a week; other out of county medical trips are available. All our vehicles are handicapped accessible. Total gas costs were **\$264,477.32**.

Our Chore crew provided **11,942.50** hours of service for **692** clients. Chore workers help with minor household repairs, yard work and building of ramps for people unable to do these tasks. Our Homemakers provided **4,946.25** hours of service for **258** clients. This service provides light house keeping, laundry and shopping for the elderly. These totals are down due to Covid when they were not permitted to enter homes. During the shut down we delivered hot meals to many of our clients, purchased groceries, and delivered food boxes.

Our Outreach Specialists completed **8,228** assessments and consultations within the last five years. They do the initial assessment required for the provision of service. In addition, they assist with insurance and Medicare problems and other programs such as HEAP. We offer many services such as socialization, meals, and wellness programs.

**PLEASE VOTE "YES" SO THAT WE CAN CONTINUE TO
SERVE THE ELDERLY OF AUGLAIZE COUNTY!**



OCTOBER/NOVEMBER/DECEMBER 2025

CHECK OUT
WHAT'S INSIDE!

02 Memories of Past Thanksgivings	10 Trips & Tours
04-05 Calendar of Events	12 Wellness Wednesdays
06 Senior Profiles	15 Special Thanks



When I think back on the Thanksgivings of my youth, it is impossible to separate those days from the feasts prepared and served on them. The food on Thanksgiving was light years ahead of our already over-the-top Sunday dinners. The dining room table and our stomachs could barely hold all the mouth-watering creations. Thanksgiving was always a day I looked forward to with great anticipation. The meal was so huge it took multiple people and kitchens at various locations to prepare. One kitchen simply wasn't large

enough to cook all the different recipes and certainly didn't have enough pots, pans and counter space to hold them. My grandmother assigned various dishes to my mother and aunt like a teacher would homework. Cookbooks were scoured as if this was going to be our last meal. A week or so out from the big day, a grocery list was carefully written on a large legal pad. Everyone knew that the trip to the grocery store would be a push and shove event. You had to shop early because many of the items needed would be gone from the shelves closer to Thanksgiving. The Monday before Thanksgiving our kitchen turned into a restaurant-style kitchen for three days with all of us jumping in for the prep work that could be done ahead of time. Onions and celery were carefully chopped into tiny pieces and stored away in the refrigerator. A check-list was made and duties checked off after each task was completed. The morning of Thanksgiving was always a race against time as we staggered baking things in the oven. It took all of us multiple trips to the trunk of our car to precisely place each dish so it would not move on the short drive to my grandparents house. When we arrived, we unloaded the trunk and added our food to every conceivable place in Granny's kitchen where space would allow. It looked like a large Tupperware party showcasing their products, each one filled to the brim with deliciousness. The house smelled like what I think heaven will smell like as the various aromas joined in harmony. Granny already had the dining room table set with her nicest china and a big turkey. We didn't know where to begin in the process of filling our plates for the first time. I usually went straight for the bowl of fresh corn Granny had vigorously scraped of the cobs. Then I grabbed the bowl of peas Mother made us shell during the summer months. Then I proceeded directly to the dressing that was still steaming from the oven. Everything you can imagine was on that table and then some. Second and third helpings were dipped even though our stomachs were already miserably stretched to capacity. Even though room was never saved for dessert, we somehow found a way to shove it in because our Thanksgivings always ended on a very sweet note. Pumpkin and pecan pies were sliced as were caramel and chocolate cakes. I can see the entire confectionary scene in my mind right now. Sadly, most of my family has passed away. We're down to just a few people. Each year we cook less and less and sometimes even eat out. God forbid! I know both Granny and Mother are rolling over in their graves. Those were good times that left me with great memories. As we all know, time moves on and things constantly change. It's a whole different world now. But one thing that remains from those long-ago Thanksgiving dinners is Granny's china. It now lives in our china cabinet. I'm so grateful to have it and a slew of wonderful and happy Thanksgiving memories! I hope each of you have a wonderful Thanksgiving filled with family, friends, food and gratitude.

Think back to the wonderful memories of your past Thanksgivings and all the good food and family togetherness. GOOD OLD DAYS!!

OCTOBER IS FIRE SAFETY MONTH

- Install a smoke alarm on each level of the home and inside each bedroom.
- Check the smoke alarms monthly and change the batteries at least twice a year. Caregivers are encouraged to check alarms for those who are unable to do it by themselves.
- Make a fire escape plan for the home and know two ways out of the home.
- Make any necessary accommodations, such as providing exit ramps and widening doorways to facilitate an emergency escape.
- Speak to family members, the building manager or neighbors about your fire safety plan and practice it with them.
- Ask emergency providers to keep senior citizens' special needs information on file.
- In multi-story homes, make arrangements to sleep on the ground floor, if possible, or near an exit.
- Never smoke in bed or near an open oxygen source, gas stove or other flammable object.
- Keep items such as glasses, hearing aids, canes or wheelchairs close to your bed at night so they are accessible quickly in case of an emergency.
- When cooking, don't leave pot and pans unattended. Use a timer to remind you of food on the stove or in the oven. Avoid wearing loose clothing or dangling sleeves while cooking.
- Don't overload electrical outlets or extension cords.

Ohio Department of Commerce—Division of State Fire Marshal

Name: _____

Fire Safety

Z	Y	C	N	E	G	R	E	M	E	E	E	N	M	B	V	Z
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extinguisher
prohibited
exhausts
gasses
plans

combustible
chemicals
hazards
safety
water


evacuation
emergency
smoking
fuels
foam

electrical
flammable
damage
flame
fire

OCTOBER CALENDAR OF EVENTS

Monday (SM)	Tuesday	Wednesday (SM)	Thursday (Wapak)	Friday (Wapak)
All activities are subject to change!		1. Zany Zookeeper Bingo 10:30 Lunch 11:15 Euchre 12:00	2. Chair Volleyball Bingo 10:30 Lunch 11:00	3. Wellness Friday Bingo 10:30 Birthday Bash Football Friday-Jerseys
6. Craft Privy Read Bingo 10:30 Lunch 11:15 Euchre 12:00	7. Meal site Closed	8. Wellness Wednesday 10:00 Bingo 10:30 Birthday bash with entertainment Euchre 12:00	9. Just Sayin Bingo 10:30 Lunch 11:00	10. Storm Safety Bingo 10:30 Lunch 11:00 Football Friday-Jerseys
13. Face Exercises Just Sayin Bingo 10:30 Lunch 11:15 Euchre 12:00	14. Meal site Closed	15. Donut Day Storm Safety Bingo 10:30 Lunch 11:15 Euchre 12:00	16. National Dictionary Day Exercise Bingo 10:30 Lunch 11:00	17. All activities at Victory Center Football Friday-Jerseys
20. Chair Hockey Bingo 10:30 Lunch 11:15 Euchre 12:00	21. Meal site Closed	22. Ginger Snap Clown Bingo 10:30 Lunch 11:15 Euchre 12:00	23. Chair Hockey Bingo 11:00	24. Face Exercises Bingo 10:30 Lunch 11:00 Football Friday-Jerseys
27. Straight Out of the Horses Mouth Bingo 10:30 Lunch 11:15 Euchre 12:00	28. Meal site Closed	29. Fall Party with Entertainment Wear Costumes Euchre 12:00	30. Straight Out of the Horses Mouth Bingo 10:30 Lunch 11:00	31. Fall Party Wear costumes Bingo 10:30 Lunch 11:00

NOVEMBER CALENDAR OF EVENTS

Monday (SM)	Tuesday	Wednesday (SM)	Thursday (Wapak)	Friday (Wapak)
3. Craft Bingo 10:30 Lunch 11:00 Euchre 12:00	4. Meal site Closed Vote "YES"	5. Music Sing Along Bingo 10:30 Lunch 11:00 Euchre 12:00 PJ Day	6. Exercise Bingo 10:30 Lunch 11:00 PJ Day	7. Wellness Friday Bingo 10:30 Birthday Bash Football Friday-Jerseys
10. Veterans Recognition Just Sayin Bingo 10:30 Lunch 11:15 Euchre 12:00	11. Meal site Closed VETERANS DAY	12. Wellness Wednesday 10:00 Bingo 10:30 Birthday bash with entertainment Euchre 12:00	13. Veterans Recognition Just Sayin Bingo 10:30 Lunch 11:15	14. Autumn Lights Craft Bingo 10:30 Lunch 11:00 Football Friday-Jerseys
17. OSHP Senior Driving Tips Bingo 10:30 Lunch 11:15 Euchre 12:00	18. Meal site Closed	19. Donut Day Thanksgiving Dinner with entertainment (Paul Jacobs) Euchre 12:00	20. OSHP Senior Driving Tips Bingo 10:30 Lunch 11:00	21. All Activities at Victory Center Football Friday-Jerseys
24. Would You Rather? Bingo 10:30 Lunch 11:15 Euchre 12:00	25. Meal site Closed	26. Donut Day Finish The Movie Title— Group Bingo 10:30 Lunch 11:15 Euchre 12:00	27. CLOSED	28. CLOSED
				

DECEMBER CALENDAR OF EVENTS

5

Monday (SM)	Tuesday	Wednesday (SM)	Thursday (Wapak)	Friday (Wapak)
1. Craft Exercise Bingo 10:30 Lunch 11:00	2. Meal site Closed	3. Craft Christmas Activity Bingo 10:30 Lunch 11:00 Euchre 12:00	4. Craft Exercise Bingo 10:30 Lunch 11:00	5. Wellness Friday Birthday Bash Bingo 10:30
8. Christmas PJ Day Entertainment Bingo 10:30 Lunch 11:00 Euchre 12:00	9. Meal site Closed	10. Wellness Wednesday 10:15 Bingo 10:30 Birthday Bash 11:00 Euchre 12:00	11. Craft Christmas Activity Bingo 10:30 Lunch 11:00	12. Fa La La La La Friday Christmas PJ Day Caroling Bingo 10:30 Lunch 11:00
15. Christmas Activity Bingo 10:30 Lunch 11:15 Euchre 12:00	16. Meal site Closed	17. Christmas Dinner Entertainment Donut Day Euchre 12:00	18. Christmas Bucket Game Card less Bingo 10:30 Lunch 11:00	19. All Activities at Victory Center
22. Christmas Bucket Game Card less Bingo 10:30 Lunch 11:15 Euchre 12:00	23. Meal site Closed	24. Christmas Eve CLOSED	25. Christmas Day CLOSED	26. Snowball Fight Bingo 10:30 Lunch 11:00
29. Memory Monday Christmas Tray Bingo 10:30 Lunch 11:15 Euchre 12:00	30. Meal site Closed	31. Snowball Fight New Year's Party Wacky Wednesday Lunch 11:00 Euchre 12:00	Pinochle at St. Marys on Fridays at 12:00	All activities are subject to change!

A LETTER FROM THE ACTIVITIES DIRECTORS

Hello everyone,

It is hard to believe how fast this year has gone. We are already making plans for the holidays, which needs done months ahead. We have some exciting things planned for the next three months.

Saturday, October 11th—Dinner/Concert at the ACCA

Wednesday, October 29th (St. Marys) - Fall Party

Friday, October 31st (Wapakoneta) - Fall Party

Wednesday, November 19th—Thanksgiving Dinner (both sites combined)

Wednesday, December 17th—Christmas Dinner (both sites combined)

Wednesday, December 31st—New Year's Eve Party

These are just the main activities, with many more everyday. We are trying to come up with new ideas and fun activities to keep you entertained and informed. There are always card games going on, along with fun activities and most importantly, socialization.

With the holidays approaching, take a break from all the stress and come in and relax, and meet new friends and rekindle old friendships.

Stop in and check us out. We would love to see and meet you!

Be sure to vote "YES" on November 4th!





Tom and Vanessa Knostman have been happily married for forty five years. Tom grew up in the Minster area and Vanessa hails from New Knoxville. They first met when Tom stopped to purchase gas at the gas station that Vanessa's Dad owned in New Knoxville. They have been blessed with three children; Charles, Amy and Tracy, and six wonderful grandchildren.

Their children were raised in New Knoxville. After raising their children they have lived numerous places, but have now lived in St. Marys for three years. One of the most interesting achievement that they have done is running a church ministry for four years, to help people moving into Celina.

One of their fondest memory is when the whole family took a trip to Kentucky to see the caves. Vanessa remembers going to Disney World as a child. They cherish the tradition of having the whole family together for the holidays. Tom enjoys practice shooting at the gun range, and Vanessa enjoys working puzzles and doing crafts. When asked what they are thankful for they both said family and friends. Their words of advise for future generations is "Be kind to each other".

Tom and Vanessa enjoy coming to the ACCA for fellowship. They also enjoy eating at McDonalds, and attending the Octoberfest in Minster.

WELCOME: Tracy Luck is our new Activities Assistant at our St. Marys site. She grew up on a family farm, the daughter of Lee and Gloria Schroer. Her parents still live there. Tracy has four siblings, three sisters and one brother, who all live local. She married a military man and moved to Germany. She then followed him in various moves to Texas, Illinois, California, and Virginia for ten years. They had three beautiful children together, two sons, Austin and Travis, and one daughter, Madison. Her family has grown to include four grandchildren.

She recently went on a Disney cruise with her family, and had a wonderful time. Tracy is a lifetime member of the First Church of New Knoxville. She helps with the Awana program for pre-school through sixth grade children.

She worked in Civil Service for twelve-thirteen years. When her children were small, she baby sat in her home, and then worked at the New Knoxville School. She retired from NKTelco after nineteen years.

Her daughter, Madison, who has Down's Syndrome, lives with her. She loves her family, especially her grandchildren.

Her advice to others is to "Be kind and love the Lord!" Tracy is very thankful for her family and good health.

What she enjoys most about working for the ACCA is the clients.

Watching the fireworks at the New Knoxville Festival is one of her favorite things to do in Auglaize County.

We all glad she joined our little family, she is a welcome addition. As the seniors get to know her, we are sure they will love her also. **WELCOME TRACY!**



NO-CHURN PEPPERMINT-CHOCOLATE CHUNK ICE CREAM

FOOD NETWORK

Ingredients:

2-3/4 cups heavy cream
1 cup crushed peppermint puff candies
2 cups dark chocolate chunks
1 (14 oz.) can sweetened condensed milk
1 tsp. peppermint extract
Candy canes, for serving, optional

Total time: 3 hr. 20 min (includes cooling and freezer times)

Yield: 12 to 14 servings

No ice cream maker needed for this refreshing treat that's loaded with chunks of delicious dark

Directions:

1. Put a 9 x 5 x 3" metal loaf pan in the freezer to chill.
2. Put 3/4 cup of the cream and 1/2 cup of the peppermint candies in a medium saucepan over medium heat and cook, stirring frequently, until the candies are melted, about 3 minutes. Remove from heat and stir in 1 cup of the chocolate chunks until melted. Cool completely.
3. Meanwhile, whip the remaining 2 cups of cream in a large bowl with an electric mixer on med-high speed until firm peaks form, about 2 min. With the mixer running, slowly pour in the condensed milk and peppermint extract and whip until combined.
4. Pour half of the condensed milk mixture into the chilled loaf pan, then top with half of the chocolate sauce and half of the remaining chocolate chunks and peppermint candy. Cover with the remaining condensed milk mixture and top with the remaining chocolate chunks and peppermint candies. Drizzle with the remaining chocolate sauce. Loosely cover with plastic wrap and freeze until solid and scoopable, about 3 hours and up to overnight. Serve in a cup with a candy cane if desired.



The exact origin of ice cream is unknown. Various accounts and legends trace its beginnings to ancient civilizations.

Early frozen treats:

- **Ancient Persia (around 550 BC):** Early forms of frozen desserts existed, potentially made with snow, fruit juices, or honey
- **Ancient China (Tang Dynasty, 618-907 CE):** A frozen dessert made with buffalo milk, flour, and camphor, cooled with ice, is documented.
- **Roman Empire (1st Century AD):** Roman cookbooks include recipes for sweet desserts sprinkled with snow. Nero Claudius Caesar also enjoyed snow flavored with fruits and juices.
- **Medieval Arab World:** Arab civilizations are credited with perfecting early forms of sherbet using milk, sugar, and natural flavorings, cooled with snow.
- **13th Century:** Marco Polo is said to have brought back a similar sherbet recipe from his travel in the Far East. The recipe is believed to have evolved into ice cream.
- **1660:** Ice cream became more widely available.
- **18th Century:** People began experimenting with more ice cream flavors.
- **1790:** The first ice cream parlor opened in New York City.
- **Late 18th Century:** The ice cream soda and the ice cream sundae emerged.
- **1930s:** Soft serve ice cream was introduced in the United States.
- **World War II:** Ice cream became a symbolic morale booster, with the U.S. Armed Forces becoming the world's largest ice cream manufacturers in 1943.

The "inventor" of ice cream remains unknown. Ice cream's journey is a tale of culinary innovation spanning centuries and cultures, evolving from simple frozen treats to the dessert enjoyed today.

The weather is beautiful right now, but nasty winter weather is not too far away. Winter storms create a higher risk of car accidents, hypothermia, frostbite, carbon monoxide poisoning, and heart attacks from overexertion. Winter storms including blizzards can bring extreme cold, freezing rain, ice and high winds.

How to Protect Yourself from Winter Weather—know your winter weather terms:

Winter Storm Warning

Issued when hazardous winter weather in the form of heavy snow, heavy freezing rain, or heavy sleet is imminent or occurring. Winter Storm Warnings are usually issued 12 to 24 hours before the event is expected to begin.

Winter Storm Watch

Alerts the public to the possibility of a blizzard, heavy snow, heavy freezing rain, or heavy sleet. Winter Storm Watches are usually issued 12 to 48 hours before the beginning of a Winter Storm.

Winter Weather Advisory

Issued for accumulations of snow, freezing rain, freezing drizzle, and sleet which will cause significant inconveniences and, if caution is not exercised, could lead to life-threatening situations.

Know Your Risk for Winter Storms:

Preparing for Winter Weather

Preparing your home to keep out the cold with insulation, caulking and weather stripping. Learn how to keep pipes from freezing. Install and test smoke alarms and carbon monoxide detectors with battery backups. Gather supplies in case you need to stay home for several days without power. Keep in mind each person's specific needs, including medication. Remember the needs of your pets. Have extra batteries for radios and flashlights. If you are unable to afford your heating costs, weatherization or energy-related home repairs, contact the [Low Income Home Energy Assistance Program \(LIHEAP\)](#) for help.

In Case of Emergency

Be prepared for winter weather at home, at work and in your car. Create an emergency supply kit for your car. Include jumper cables, sand, a flashlight, warm clothes, blankets, bottled water and non-perishable snacks. Keep a full tank of gas. Pay attention to weather reports and warnings of freezing weather and winter storms. Listen for emergency information and alerts.

Stay Safe During Winter Weather:

- **Avoid carbon monoxide poisoning.** Only use generators and grills outdoors and away from windows and never heat your home with a gas stovetop or oven. Using an oven or stovetop can also increase the risk of fires, burns and could damage the appliance.
- Stay off road if at all possible. If trapped in your car, they stay inside.
- Limit your time outside. If you need to go outside, then wear layers of warm clothing. Watch for signs of frostbite and hypothermia.
- Reduce the risk of heart attack by avoiding overexertion when shoveling snow and walking in the snow.

Learn the signs of, and basic treatments for, frostbite and hypothermia:

Frostbite causes loss of feeling and color around the face, fingers and toes. The signs are numbness, white or grayish-yellow skin, firm or waxy skin. Actions to take are go to a warm room. Soak in warm water. Use body heat to warm. Do not massage or use a heating pad.

Hypothermia is an unusually low body temperature. A temperature below 95 degrees is an emergency. The signs are shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech or drowsiness. Actions to take are go to a warm room. Warm the center of the body first—chest, neck, head and groin. Keep dry and wrapped up in warm blankets, including the heat and neck.





DINNER/BLUE GRASS CONCERT

Auglaize County Council on Aging

610 Indiana Ave.—St. Marys

Saturday, October 11, 2025

Dinner: 5:00 PM

Concert: 6:00—9:00 PM

“New Outlook” will be performing

Tickets: \$20.00

The menu consists of Beef tips, noodles, mashed potatoes, green beans, roll and dessert prepared by “Do Good” Restaurant.

Tickets available from employees or at the ACCA.

Last date to purchase tickets is October 4th.



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10 TRIPS & TOURS

THIS IS A SUMMARY OF TRIPS THAT ARE DEFINITELY PLANNED FOR 2026. DOROTHY IS STILL IN THE PLANNING STAGE, SO MORE MAY BE ADDED. CALL DOROTHY AT 419-394-828252, ON TUESDAY OR THURSDAY AFTERNOONS, IF YOU HAVE ANY QUESTIONS.



Miami, Fort Lauderdale & Key West, Florida

March 21-29th, 2026

This 9 days/8 nights features three fun cities all combined in one trip. You will spend four nights in Miami which will include a full-day guided tour of Miami. On this guided tour you will also stop at Miami Beach and tour the amazing Coral Castle. One day will be devoted to driving to Key West and discover this enchanting city during your free time. The drive alone is exciting as you travel the many bridges, one seven miles in length, from island to island. You will take a sight seeing cruise down the “Venice of America,” Fort Lauderdale’s New River, sailing through Millionaire’s row. Extra attractions are a visit to Loggerhead Marinelife Center in Juno Beach, and a visit to Historic River Street in Savannah, Georgia on the way home. Included in the cost of \$1,316 per person, double occupancy is 8 nights lodging, and 13 meals. **The last date to sign up is 1/14/26.**



Mount Rushmore, the Badlands & Black Hills, SD

September 26-October 4th, 2026

This 9 days/8 nights trip features visits to Mount Rushmore National Memorial and Crazy Horse Memorial, plus a driving tour of the spectacular Badlands National Park, which is an unforgettable tour. You will also enjoy a tour of Wildlife Loop Road at Custer State Park. You will enjoy a guided tour of Deadwood, the home of Wild Bill Hickok and Calamity Jane, plus gaming at a Deadwood Casino. The economical price of \$1,176 per person, double occupancy, includes 8 nights lodging and 14 meals, plus much more. **The final date to sign up is 7/19/26**



New York City—“The Big Apple”

December 3rd—9th, 2026

See “The Big Apple” decorated for Christmas!

This 7 days/6 nights trip will be an exciting one. Some of the great experiences and beautiful sights include 3 days of guided tours of New York City. You will see all the sites that you have heard about such as Central Park, Times Square, Rockefeller Center, 9/11 Memorial and One World Observatory. So much to see!

On the way home, you will stop at Hersey’s Chocolate World. The cost of this amazing trip is \$996.00 which includes 6 nights lodging and 10 meals. **The final sign up date is 9/26/26**

My wife and I went into town to shop. When we came out, there was a cop writing out a parking ticket. We went up to him and I said, "Come on man, how about giving a senior citizen a break?" He just ignored us and continued writing the ticket.

I called him an "butthead." He glared at me and started writing another ticket for having worn-out tires.

So my wife called him a "jerk." He finished the second ticket and put it on the windshield with the first. Then he started writing more tickets.

This went on for about 20 minutes. The more we offended him, the more tickets he wrote. He finally finished, sneered at us and walked away. Just then our bus arrived, and we got on it and went home.

We try to have a little fun each day now that we're retired. It's so important at our age!

The boss wondered why one of his most valued employees was absent but had not phoned in sick. So he dialed the employee's home phone number and was greeted with a child's whisper. "Hello" "Is your daddy home?" "Small voice whispered, 'Yes, but he's out in the garden.' May I talk with him?" The child whispered, 'No' So the boss asked, 'Well, is your Mommy there?' 'Yes - she's out in the garden too.' The boss then asked; 'May I talk with her?' Again the reply - 'No'. Hoping there was somebody with whom he could leave a message, the boss asked, 'Is anybody else there?' 'Yes' whispered the child, 'a policeman.' Wondering what a cop would be doing at his employee's home, the boss asked, 'May I speak with the policeman?' 'No, he's busy.' whispered the child. 'Busy doing what?' Talking to Daddy and Mommy and the police dog men. Growing more worried as he heard a loud noise in the background, the boss asked, 'What's that noise?' 'It's a helicopter.' answered the whispering voice. 'What is going on there?' demanded the boss, now truly apprehensive. 'The search team just landed a helicopter. "A search team?" said the boss. 'What are they searching for?' Still whispering, the young voice replied with a muffled voice, 'ME'.

New Hope Senior Village

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12 WELLNESS INFORMATION

FREE SCREENINGS & EDUCATION

For all Wellness Programs call Trena at 419-394-8252 for an appointment.



BLOOD PRESSURE CHECKS

Every Wednesday at St. Marys 9:30 - 10:30 AM
Every Friday at Wapakoneta

NAIL CLINICS

Christine Chambers is seeing clients at the YMCA—St. Rt. 501 entrance in Wapakoneta. The days set for **Eastern Auglaize County** is **October 13th, November 17th and December 15th.** If you live in the eastern part of the county, you can call 419-305-2618 to schedule an appointment.

She will be seeing clients at the ACCA on **October 6th, November 3rd, and December 8th.** To make an appointment for people living in the **western part of the county**, call 419-305-2618 to schedule an appointment.

The cost of trimming nails is \$21.00, plus extra for calluses.

MEDICARE OPEN ENROLLMENT

Medicare open enrollment begins Wednesday, October 15th, and ends Sunday, December 7th. Call to **MAKE AN APPOINTMENT** if interested in changing drug plans. Trena or Mary can give you information on supplements, but do not enroll you in these programs. You will need to call your insurance company directly, or speak with your agent to make supplement changes. You can also contact OSHIIP-Ohio Senior Health Insurance Information Program at 1-800-1578.

Thank
You

Special thanks to Joint Township District Memorial Hospital, Heritage Home Health, Auglaize County Health Department, Roselawn, Celina Gardens and Community Health Professionals, and Wapakoneta Manor for graciously donating your time to perform BP checks, and Christine Chambers for providing the monthly nail clinic.

WELLNESS WEDNESDAYS

St. Marys

October 8th—“Porch Pirates”

November 12th – “Alzheimer's Awareness”

Marybeth Torsell

December 10th —”How to have a Happy AND Merry Christmas”

Wapakoneta

October 3rd—FREE “Bone Density Screening” - JTDMH

November 7th —”Porch Pirates”

December 5th—”How to have a Happy AND Merry Christmas”

These programs are held at 10:00 on the second Wednesday in St. Marys, and the first Friday in Wapakoneta.



For English Language Lovers.
 What is the difference between
 'Completed' and 'Finished'?
 No dictionary has been able to
 define the difference between
 'Complete' and 'Finished.'
 But in a linguistic conference in
 England, Sun Sherman an Indian
 American, was the clever winner.
 His response: When you marry the
 right woman, you are 'Complete.'
 If you marry the wrong woman, you
 are 'Finished.' And when the right
 woman catches you with the wrong
 woman, you are 'Completely Finished.'
 His answer received a five minute
 standing ovation.

Essence of Inspirational
Wisdom

A man gets pulled over for speeding!!! As the cop approaches the car, the man asks if he can get out of the car and the cop says ok! He then asks the man why he was speeding! The man says, "You see the woman sitting in the passenger side front seat? That's my wife! You see the woman sitting in the back seat? That's my mother-in-law! And she has been living with us for 3 months now and this morning they had a big fight and my mother-in-law insisted we take her home and I'm trying to get her there as quickly as possible before they make up and she wants to come back home with us!!!" The cop looks at the man and says, "Get back in your car and I will give you a police escort with lights and siren and we will get her home!!!"



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14 CENTER INFORMATION

WHO WE ARE

The Auglaize County Council on Aging's first mission is to assist the elderly, age 60+, of Auglaize County by providing

STAFF

Robert Warren, Executive Director
safety@auglaizeseniorservices.com

Elsie McGlothen, Transportation Coordinator
transportation@auglaizeseniorservices.com

Linda McDermitt, Administrative Assistant/
Newsletter Coordinator
geninfo@auglaizeseniorservices.com
newsletter@auglaizeseniorservices.com

Facebook: Auglaize County Council on
Aging@auglaize.coa

AUGLAIZE COUNTY COUNCIL ON AGING

610 Indiana Ave. St. Marys, OH 45885
Phone: 419-394-8252
Fax: 419-394-4217
Toll-free: 1-866-244-6401
Email: geninfo@auglaizeseniorservices.com

Hours of Operation
Monday-Friday | 8:30 am - 4:30 pm
(Other Coordinated Hours Available. Emergency Hours as Needed)

WAPAKONETA BRANCH SITE

108 W. Mechanic St., Wapakoneta, Ohio 45895
Phone: 419-738-2438

The ACCA does not discriminate on the basis of race, color, sex, religion, national origin, or disability. Facility/programs accessible. Persons with disabilities subject to reasonable accommodations.

An Equal Opportunity/Affirmative Action Employer/LEP Compliant. | Ohio Relay Service #1-800-750-0750. | Information is available in alternative formats "upon request."

HELP US TO HELP OTHERS

Your donations to the Auglaize County Council on Aging Endowment Fund at the St. Marys Community Foundation help senior adults in Auglaize County in a myriad of ways. Our mission is to help and support seniors in retaining their independence and vitality as long as possible.

Please complete this form & mail it with your check or money order, payable to:

Auglaize County Council on Aging | 610 Indiana Ave. P.O. Box 215, St. Marys, OH 45885

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Donation Amount \$ _____ Check # _____ Date _____

This gift is made:

_____ In loving memory of _____

_____ In honor of _____

_____ Other _____

_____ (Optional) Also acknowledge this gift to:

Name _____

Address _____

Since the weather will soon be turning nasty, there may be some days that the center will need to close. If you have doubts as to whether we will be open, watch WLIO-TV (Lima 35) or listen to WCSM (96.7) or Facebook.

We have hired three new employees: Tracy Luck is the Activities Assistant at our St. Marys site, Jasmine Norman is the Activities Assistant at our Wapakoneta site and Krista Wessel is a Homemaker. Please make them all feel welcome.



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THANK YOU

Pastor Tony for his messages.

Wayne Street Church, Trinity Lutheran Church, New Hope Worship Center, Shekinah Temple, St. Patrick Catholic Church, St. Marys Church of the Nazarene, and Van Crest of St. Marys for providing meals. Also thank you to Mike Nagel for everything you do, and Main Street Station for your food donation and Dannon for the donation of yogurt.

Wapakoneta St. Paul United Church of Christ and Victory Christian Center for hosting activities and providing meals.

Agape Ministries, Mercy Unlimited and West Ohio Food Bank for all their donations.

Emma Jane Schrolucke for her entertaining music.

Also a big thank you to "Do Good Restaurant" for the delicious "Honor Meal" in honor of our agency and our employees.

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter
emailed to you.



VISIT WWW.MYCOMMUNITYONLINE.COM



Senior Reflections
Auglaize County Council on Aging
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**PLEASE SUPPORT THE
AUGLAIZE COUNTY ELDERLY
ON NOVEMBER 4TH!**

The Auglaize County Council on Aging will have a one (1) mill renewal levy on the election ballot. This is a 5 year renewal, so your taxes will not increase.

*The elderly are the fastest growing portion of our population.
For only pennies a day you can help us continue to provide much needed services.*

Please Vote YES on This Renewal Levy!

**ONE PERSON
CAN MAKE A
DIFFERENCE,
AND EVERYONE
SHOULD TRY**
-JOHN F. KENNEDY-

**The elderly want to keep living in their
own homes as long as they can.**

*Thank you
for your vote.*